



About us

Interrelate is an innovative and flexible provider of relationship services in NSW. We specialise in supporting parents and children and strengthening family relationships. Since 1926, we have been delivering quality relationship services to individuals, couples, families, children, schools and communities through our network of centres and outreach locations across NSW. We are strengths-based and child focused in our approach.

Quality assurance

Interrelate offers a private and professional environment in which clients can feel confident in the service provided. Highly trained and professional practitioners bring expertise and understanding in providing a versatile service to employers and their staff.

Interrelate is committed to excellence in the provision of all its services.

1300 i relate (1300 473 528)

www.interrelate.org.au



facebook.com/interrelate



[@InterrelateFC](https://twitter.com/InterrelateFC)



Clinical Supervision



Why Supervision?

Interrelate views the practice of clinical supervision as a necessity for those working in human services. Supervision enhances worker well-being, staff and client relations and reduces the impact of workplace stress.

Supervision assists

- Clinical practices
- Staff and client engagement
- Effective communication
- Team morale
- Managing conflict
- Personal issues and stressors
- Family matters
- Balancing personal and organisational goals
- Clarifying organisational issues
- Ensuring ethical practice

Individual & groups

Individual, group and specialised clinical supervision can be negotiated for people working in human services, health services or related industries. Supervision can be conducted at local Interrelate centres or at the workplace.

Is it confidential?

Interrelate conducts its services in a professional confidential manner. All information is treated within strict privacy guidelines ensuring the integrity of the supervisory relationship. Interrelate adheres to practice outlined in the Privacy Act 1988.

Scheduled or as needed

Supervision schedules can be negotiated to suit individual needs. An individual session with a supervisor will be a one hour appointment. Group supervision sessions will be negotiated according to group size and requirements.

Supervision sessions can be scheduled regularly, or as a one-off individual or group session. Emergency supervision can also be provided in response to critical situations.

A focus on after hours service ensures that employees can access supervision to suit work patterns and other lifestyle factors.

Supervision will be tailored to meet the needs of the workplace and may encompass one or more of the options listed.

How much does it cost?

Fees are competitive. Specific details about cost are available from your local Interrelate centre. Fees are payable on the day of consultation by cash, cheque, credit card or organisations may arrange to be invoiced.

Where are our centres?

Caringbah	Shop 1C 383-385, Port Hacking Road, Caringbah NSW Ph: 02 8522 4450
Central Coast	213 The Entrance Road, Erina NSW Ph: 02 4363 8050
Coffs Harbour	24 Park Avenue, Coffs Harbour NSW Ph: 02 6659 4150
Dubbo	138 Darling Street, Dubbo NSW Ph: 02 6815 9650
Lismore	5 Market Street, Lismore NSW Ph: 02 6623 2750
Newcastle	495 Hunter Street, Newcastle NSW Ph: 02 4016 0550
Orange	108 McLachlan Street, Orange NSW Ph: 02 6363 3650
Port Macquarie	119 Lake Road, Port Macquarie NSW Ph: 02 5525 3200
Rouse Hill	Vinegar Hill Memorial Library, Suite 210, 29 Main Street, Rouse Hill NSW Ph: 02 8882 7850

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Counselling



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Where are these services provided?

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Where are these services provided?

Interrelate has Children's Contact Centres in:

Caringbah	Shop 1C 383-385, Port Hacking Road, Caringbah NSW Ph: 02 8522 4475
Coffs Harbour	24 Park Avenue, Coffs Harbour NSW Ph: 02 6659 4175
Dubbo	138 Darling Street, Dubbo NSW Ph: 02 6815 9675
Lismore	5 Market Street, Lismore NSW Ph: 02 6623 2775
Orange	108 McLachlan Street, Orange NSW Ph: 02 6363 3675
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