

# School Services

## HIGH SCHOOL

### eLearning programs



### Body Positivity



An innovative program designed to assist students in understanding what body positivity means and how to achieve it. Students who participate in this program will develop an awareness of the media's role in stereotypes and body image, gain knowledge of body positive role models, understand ways to appreciate bodies and look after them. The program looks at body dissatisfaction, eating disorders and ways to get help including how to help friends.

### Shades of Pornography



A pioneering program designed to aid students in understanding what pornography is and its effects. Exploring pornography as an industry and as fiction. Students will gain knowledge of the history of pornography, understand ways in which the media use sexualised imagery, the difference between pornography and real-life relationships and the addictive nature of modern pornography.

### Choosing Well Year 7 – 10



A program designed to assist students to understand and identify healthy relationships and to achieve overall sexual health. The program aims to explore ways of identifying healthy relationships and navigate unhealthy ones, while gaining knowledge of consent, sexuality, sexual health, conception, and contraception within a safe, positive and accepting environment.

FOR MORE INFORMATION OR TO MAKE A BOOKING:

 1300 473 528 | [E:schoolservices@interrelate.org.au](mailto:schoolservices@interrelate.org.au) | [interrelate.org.au](http://interrelate.org.au)