



# PARENTS NOT PARTNERS FACILITATOR TRAINING

Parents Not Partners is a program for separated parents in conflict. Delivered over six 2<sup>1</sup>/<sub>2</sub>-hour sessions, it is designed to improve emotional and developmental outcomes for children in separated families by raising parent's awareness of the impact on their children of ongoing conflict in their family.

PNP has been assessed by CFCA as meeting the criteria for a Promising Program; and can now be delivered as part of the CFC Facilitating Partners funding bodies' 50% requirement.

**CFC  
Promising  
Program**

## The Parents Not Partners program helps parents to:

- Learning ways to better regulate their emotions and self-care
- Learn ways to help their children manage their emotions
- Recognise the effects of ongoing, mismanaged, conflict on children
- Learn skills to better manage conflict with the other parent
- Focus on the needs of their children rather than the conflict with the other parent
- Reorient interactions with the other parent to be respectful and cooperative
- Recognise and differentiate between their own needs and their children's individual needs
- Learn skills to communicate effectively with the other parent
- Increase their ability to reflect on their behaviour and make changes where needed

## The Facilitator Training is conducted over 2 days, face to face or via webinar, and includes:

- Facilitator Guide
- PowerPoint presentation
- Parent Handouts—digital for printing
- Certificates of completion—facilitator and participant template

<b>Pre-requisites:</b>	Experienced group leadership skills; experience in working with volatile client groups and sensitive subject matter
<b>Dates:</b>	TBA
<b>Time:</b>	9.00am—4.30pm
<b>Venue:</b>	Sydney or online via webinar

For further information, contact Mary Tiller:  
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