



BUILDING CONNECTIONS

FACILITATOR TRAINING

Building Connections is a 3-hour group program designed to help separated parents continue to have good relationships with their children through and after separation. Evaluations show that BC participants find the material relevant and helpful, and consistently take on board the key program messages about relating to the other parent, relating to their children, and their own self-care.

BC has been assessed by CFCA as meeting the criteria for a Promising Program; and can now be delivered as part of the CFC Facilitating Partners funding bodies' 50% requirement.

**CFC
Promising
Program**

The Building Connections parenting program covers:

- The impact of separation and conflict on children
- Useful tips for parenting during times of conflict and separation
- Ways to communicate with the other parent without conflict
- The importance of looking after yourself post-separation
- Strategies to be a more effective parent
- The setting of goals for future parenting
- The support services available

The Facilitator Training is conducted over 7 hours, face to face or via webinar, and includes:

- Facilitator Guide
- PowerPoint presentation
- Parent Handouts—digital for printing
- Certificates of completion—facilitator and participant template

Pre-requisites:	Group Leadership skills; experience in working with couples/families; an awareness of the impact of unresolved ongoing entrenched conflict on children; an ability to maintain a child focus
Date:	TBA
Time:	9.00am—4.30pm
Venue:	Sydney or online via webinar

For further information, contact Mary Tiller:
training@interrelate.org.au | Phone: (02) 4016 0500

[Click to Register](#)