



ABORIGINAL BUILDING CONNECTIONS

FACILITATOR TRAINING

Aboriginal Building Connections is a 3-hour group program which aims to encourage Aboriginal parents and extended family members gain awareness of the importance of giving up entrenched conflict, to support their kids to grow up healthy, safe and strong.

Aboriginal Building Connections works with parents to:

- Enhance their understanding of the impact of conflict on children
- Utilise effective strategies for parenting children during times of conflict and separation
- Consider positive ways to communicate with the other parent and family
- Set goals for health parenting
- Add to their range of self-care strategies
- Increase their awareness of available support services

• Based on the successful Building Connections program and grown from a strong community consultation process

The Facilitator Training is conducted over 7 hours, either face to face or via webinar, and includes:

- Facilitator Guide
- PowerPoint presentation
- Parent Workbook—digital for printing
- Certificates of completion—facilitator and participant template

Aboriginal Building Connections* is designed for flexible delivery by at least one Aboriginal

Pre-requisites	Group Leadership skills; experience in working with couples/families; an awareness of the impact of unresolved ongoing entrenched conflict on children; an ability to maintain a child focus.
Dates:	TBA
Time:	9.00am—4.30pm
Venue:	Sydney or online via Webinar

For further information, contact Mary Tiller:
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